

Original Goals

Personal Goals

- Improving work-life balance
- Advance in ability to identify and address triggers
- Become adept at handling stress
- Becoming more comfortable with ambiguity

Professional Goals

- Develop a strong network with colleagues and mentors
- Learn my personality as a professional
- Understand the politics within a Student Affairs office
- Better understanding of what it means to be a good professional

Revised Goals

Personal Goals

- Identifying strategies for successful work-life integration
- Advance in ability to identify and address triggers
- Become adept at handling stress
- Becoming more comfortable with ambiguity

Professional Goals

- Maintaining a strong network with colleagues and mentors
- Learn my personality as a professional
- Understand how to navigate politics within a Student Affairs office
- Identify continued areas of growth